



## **POST OP INSTRUCTIONS FOR ROOT CANAL TREATMENT**

- You just got a root canal treatment started or finished today. Although some of the root canal procedures we do are completed in one appointment, root canal therapy may take more than one appointment to complete. Due to the anesthetic that was used, you are numb, and may be for a few hours (up to five hours). Please be careful chewing on that side of your mouth or both sides (if both sides of your jaw were numbed today), so that you don't bite your lip, tongue, or cheek.
- To protect the tooth and help keep temporary filling in place we recommend to avoid eating hard or sticky food, and try to chew on the other side of your mouth. Your tooth may have been reduced, so that you are not clenching or touching it, as other teeth. This is because it is weaker than other teeth, and at risk of fracturing.
- Usually after your Root canal treatment is completed, the last step in a root canal is the placement of a crown. A crown will protect the tooth from breaking in the future. You are **HIGHLY** advised to schedule another appointment for a crown, as we discussed with you during treatment plan presentation.

If you have any other questions or concerns, please contact our office at (815)782-6243.