Smile League DENTAL
815-782-6243
3330 MALL LOOP DRIVE, #A / JOLIET, IL. 60431

# POST OP INSTRUCTIONS FOR CROWNS AND BRIDGES

First visit for Crown or Bridge work and temporary crown/bridge placement: During your visit today, one or more of your teeth was prepared for a crown or bridge. Due to the anesthetic, you are numb and maybe for a few hours (up to five hours). Please, be careful chewing on that side of your mouth or both sides (if both sides of your jaw were numbed today), so that you don't bite your lip, tongue, or cheek.

You have a temporary crown in place. Temporary crowns are cemented with a temporary cement, to be easier to remove at your next appointment. Please, be careful chewing, avoid anything hard, especially sticky food on that side, as that might break or force out the temporary crown, before your next visit. If your temporary crown falls off, please keep the piece and contact us as soon as possible, for re-cementation at no charge. If your temp falls out and you don't come back to have a new one placed, there is a chance that the tooth might fracture and will result in complications such as not being able to restore the tooth with a crown.

After a crown preparation, some discomfort is normal, especially if you also got a crown lengthening procedure done. During the procedure there is usually some disturbance to the nearby tissue. It is normal for gum around the tooth to feel sore or sensitive. Usually this will heal on its own; we advise rinsing with warm salt water around the affected area. Watch out for any signs of severe pain, throbbing on the tooth, difficulty sleeping lasting for days, as this may be a sign that the tooth is infected.

Second visit for Crown or Bridge work and temporary crown/bridge placement: During your visit today your permanent crown/bridge will be delivered. Permanent crowns/bridge are cemented with permanent cement. It is very important that you agree with the feel and shade of your crown before it is cemented.

After the permanent crown is cemented, it is advised to avoid sticky things for the first 24 hours.  After that, you may eat, drink, and clean your teeth just as you do regularly. If your bite feels uneven, please contact us as soon as possible, because high spots may hurt or damage the treated tooth.

**If you have any other questions or concerns, please contact our office at (815)782-6243**