Smile League DENTAL
815-782-6243
3330 MALL LOOP DRIVE, #A / JOLIET, IL. 60431

## POST OP INSTRUCTIONS FOR DELIVERY OF DENTURES

You may experience some discomfort with your new denture for a few days. All new dentures need more than a few adjustments to fit comfortably in your mouth.

Dentures should be removed every night and kept in a clean container filled with clean water or a denture cleaning solution. You should go without the dentures every day for some time to give your gums a rest. Unless you have been given an immediate denture.

Immediate dentures MUST be worn for a full 24 hours after your extraction; this is so your gums heal to the shape of the denture. If you fail to leave immediate denture for 24 hours your gums will swell, resulting in a lot of discomfort when wearing your immediate denture.

Dentures should be cleaned daily with a brush and water before putting them in your mouth. You may have trouble talking normally with the new dentures for a few days. A good way to practice is to read a book or newspaper out loud for a period every day. Your tongue and muscles will get used to the new dentures and you will talk normally very soon. Sometimes even the best dentures require the help of an adhesive such as Fixodent to help give a good fit and a strong hold, which can be purchased over the counter.

**If you have any other questions or concerns, please contact our office at (815)7826243**