Smile League DENTAL
815-782-6243
3330 MALL LOOP DRIVE, #A / JOLIET, IL. 60431

POST OP INSTRUCTIONS FOR WHITE FILLINGS

New fillings are completely hardened after the procedure; however, we do advise being careful or avoid chewing on the side or both sides of mouth where filling(s) were placed, this helps prevent you from biting on your tongue or lip while numb. Due to the anesthetic that was used, you may be numb for a few hours (up to five hours) after the procedure.

It is normal to feel some sensitivity to hot and cold after your filling(s) especially if it is deep. The sensitivity may last for a few days to months after the placement of the filling(s). Usually, these symptoms will decrease over time. You may want to use over the counter Sensodyne toothpaste, which can be found at your local stores for relief, or schedule an appointment, if you are concerned.

The most common problem after a filling is an incorrect bite. Watch out for high spots, that feel like you're not biting evenly on both sides of your mouth, like you're biting on a stone/rock, might also feel gritty. If you have this feeling please call our office so we can get you to correct this, as any high spots may hurt or damage the treated tooth.

If you have any other questions or concerns, please contact our office at (815)7826243